

IN SAN DIEGO TRAINING



INCREMENTAL
FITNESS™

MONTHLY 1X PER WEEK WHEN YOU WANT TO HAVE A SCHEDULED WORKOUT ONCE A WEEK & PREFER MONTH TO MONTH.	MONTHLY 2X PER WEEK WHEN YOU WANT TO HAVE SCHEDULED WORKOUTS TWICE A WEEK & PREFER MONTH TO MONTH.	SESSION PACKAGES 10 OR 20 WHEN YOU WANT MORE FLEXIBILITY. THINK OF IT LIKE A BOOK OF COUPONS.	SESSION PACKAGES ...OR 40 WHEN YOU WANT MORE FLEXIBILITY. THINK OF IT LIKE A BOOK OF COUPONS.
A MONTH IS 4 SESSIONS	A MONTH IS 8 SESSIONS	YOU CHOOSE	YOU CHOOSE
Tailored-to-You Training	Tailored-to-You Training	Tailored-to-You Training	Tailored-to-You Training
Set number of sessions per month.	Set number of sessions per month.	More flexibility as to setting up sessions.	More flexibility as to setting up sessions.
Popular 		20 is popular 	
\$320/MONTH 	\$630/MONTH	\$810 & \$1,540 	\$2,920

Location  **1205 W. Morena Blvd.**